



Turkey, young hen, wing, meat and skin, cooked, roasted

TOTAL
14.1
9.5

Macronutrient profile [gr. of nutrient per 100 gr. food]



- Proteins
- Water
- Sugars
- Fibre
- Alcohol
- Lipids
- Other

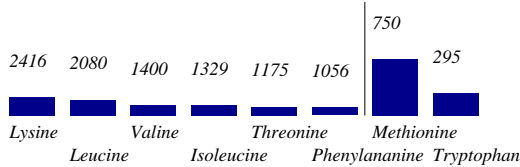
FIBER
0
0

Energy [kcal per 100 gr. food]



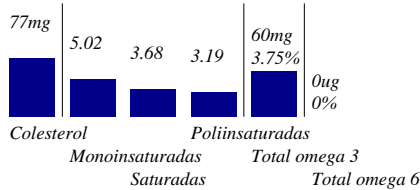
kCALs
10.3
9.2
25

Essential aminoacids profile [mg per 100 gr. food]



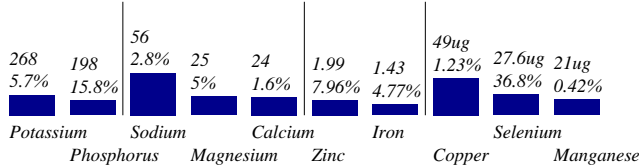
PROTE.
59.3
48.8
100

Main lipids profile [gr of lipid per 100 gr. food]



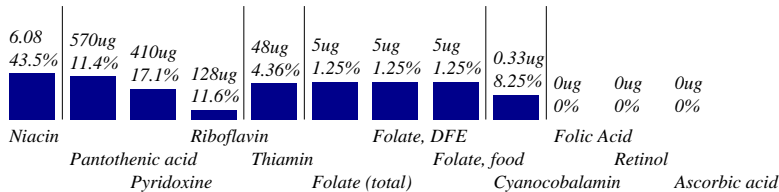
EFA
1.9

Mineral and oligoelements profile [mg of mineral per 100 gr. food]



MINER.
8.2

Vitamin profile [mg of vitamin per 100 gr. food]



VITAM.
8.3