



Turkey, fryer-roasters, breast, meat only, raw

TOTAL
9.5
8.3

Macronutrient profile [gr. of nutrient per 100 gr. food]



- Proteins
- Water
- Sugars
- Fibre
- Alcohol
- Lipids
- Other

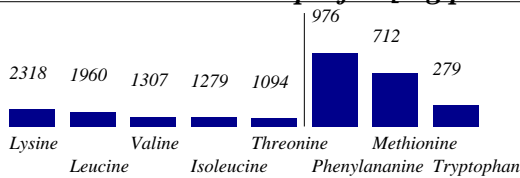
FIBER
0
0

Energy [kcal per 100 gr. food]



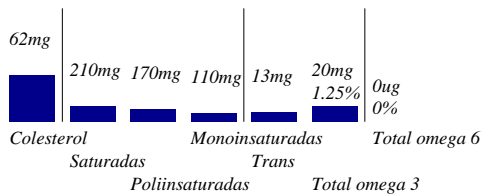
kCALs
4.8
4.3
0

Essential aminoacids profile [mg per 100 gr. food]



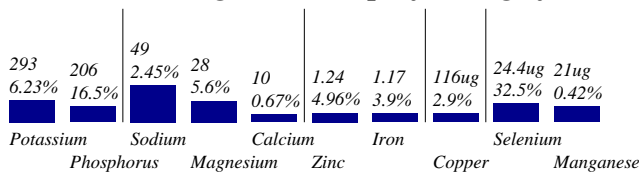
PROTE.
53.5
43.9
100

Main lipids profile [gr of lipid per 100 gr. food]



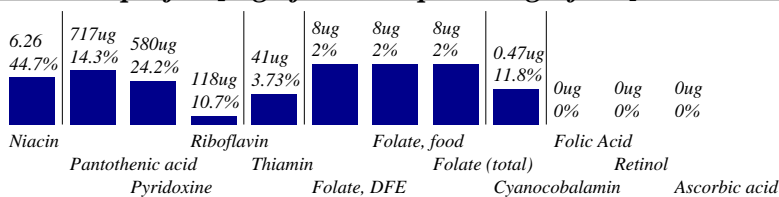
EFA
0.6

Mineral and oligoelements profile [mg of mineral per 100 gr. food]



MINER.
7.6

Vitamin profile [mg of vitamin per 100 gr. food]



VITAM.
9.6