



Turkey, fryer-roasters, breast, meat and skin, cooked, roasted

TOTAL
12.3
9.6

Macronutrient profile [gr. of nutrient per 100 gr. food]



Proteins
Water
Sugars
Fibre
Alcohol
Lipids
Other

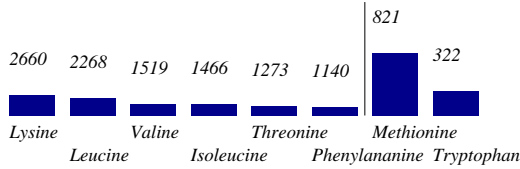
FIBER
0
0

Energy [kcal per 100 gr. food]



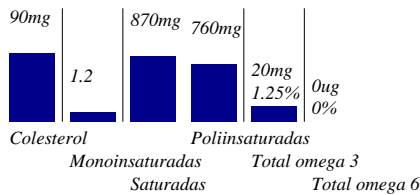
kCALs
6.7
5.9
9.7

Essential aminoacids profile [mg per 100 gr. food]



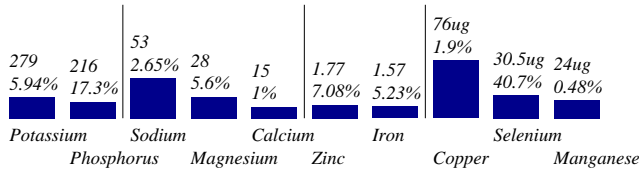
PROTE.
63.2
51.9
100

Main lipids profile [gr of lipid per 100 gr. food]



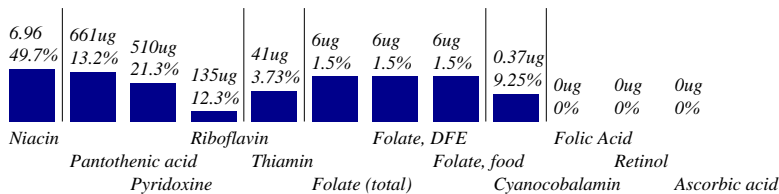
EFA
0.6

Mineral and oligoelements profile [mg of mineral per 100 gr. food]



MINER.
8.8

Vitamin profile [mg of vitamin per 100 gr. food]



VITAM.
9.5