



Turkey, fryer-roasters, dark meat, meat only, raw

TOTAL
10
7.4

Macronutrient profile [gr. of nutrient per 100 gr. food]



- Proteins
- Water
- Sugars
- Fibre
- Alcohol
- Lipids
- Other

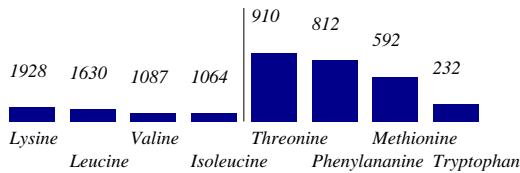
FIBER
0
0

Energy [kcal per 100 gr. food]

111

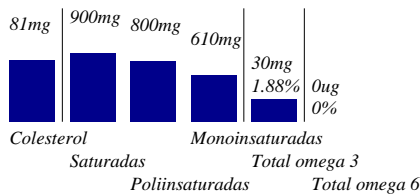
kCALs
4.8
4.3
12.7

Essential aminoacids profile [mg per 100 gr. food]



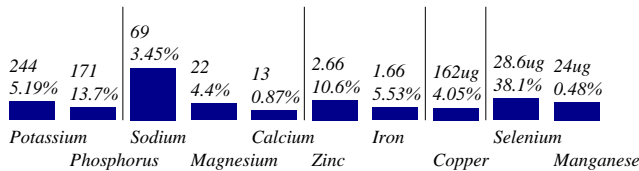
PROTE.
44.5
36.5
100

Main lipids profile [gr of lipid per 100 gr. food]



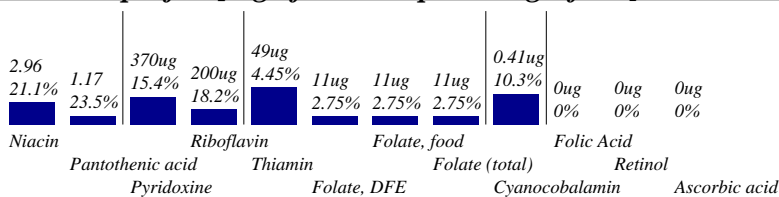
EFA
0.9

Mineral and oligoelements profile [mg of mineral per 100 gr. food]



MINER.
8.6

Vitamin profile [mg of vitamin per 100 gr. food]



VITAM.
8.4