



Yeast extract spread

TOTAL
19.1
17.2

Macronutrient profile [gr. of nutrient per 100 gr. food]



Proteins
Water
Sugars
Fibre
Alcohol
Lipids
Other

FIBER
12
7.9

Energy [kcal per 100 gr. food]



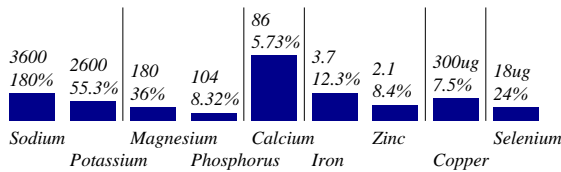
kCALs
6.9
6.1
0

Main lipids profile [gr of lipid per 100 gr. food]

0ug	0ug	0ug	0ug	0ug	0ug
Monounsaturadas	Colesterol				
Polinsaturadas		Total omega 3			
Saturadas		Total omega 6			

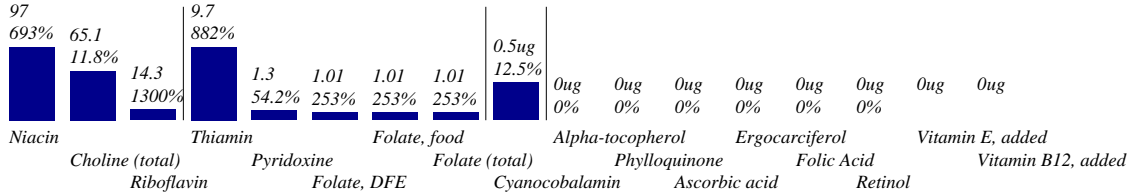
EFA
0

Mineral and oligoelements profile [mg of mineral per 100 gr. food]



MINER.
28.6

Vitamin profile [mg of vitamin per 100 gr. food]



VITAM.
45.2

Phytochemicals profile [mg of nutrient per 100 gr. food]

0ug	0ug	0ug	0ug	0ug	0ug	0ug
Caffeine	Theobromine	Cryptoxanthin, beta	Lycopene	Caroten, beta		
		Lutein+zeaxanthin	Caroten, alfa			