



Margarine, regular, tub, composite, 80% fat, with salt

TOTAL 32.2 31.8

Macronutrient profile [gr. of nutrient per 100 gr. food]



- Proteins, Water, Sugars, Fibre, Alcohol, Lipids, Other

FIBER 0 0

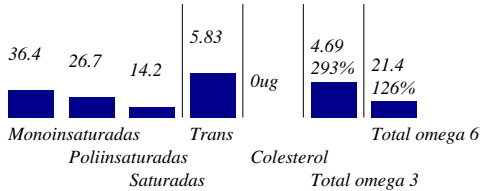
Energy [kcal per 100 gr. food]



713

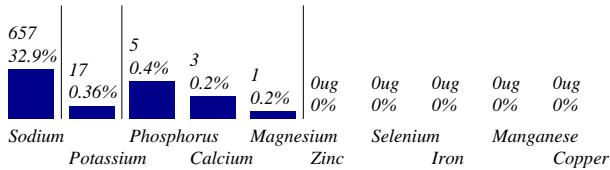
kCALs 31 27.4 0

Main lipids profile [gr of lipid per 100 gr. food]



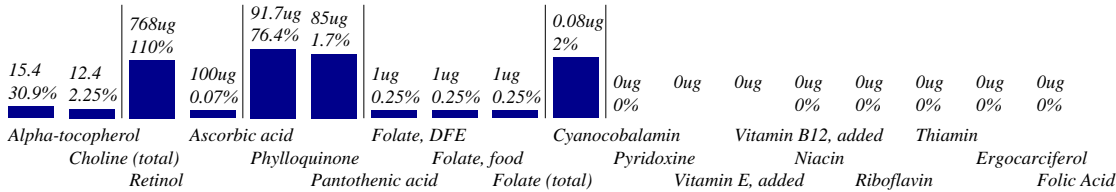
EFA 209.5

Mineral and oligoelements profile [mg of mineral per 100 gr. food]



MINER. 3.4

Vitamin profile [mg of vitamin per 100 gr. food]



VITAM. 13.4

Phytochemicals profile [mg of nutrient per 100 gr. food]

