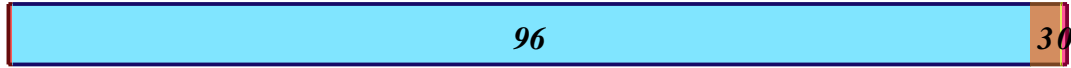




Waxgourd, (chinese preserving melon), raw

TOTAL
5.3
1.6

Macronutrient profile [gr. of nutrient per 100 gr. food]



Proteins
Water
Sugars
Fibre
Alcohol
Lipids
Other

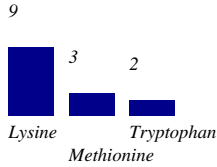
FIBER
11.6
7.6

Energy [kcal per 100 gr. food]

13

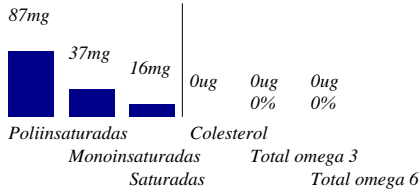
kCALs
0.6
0.5
25

Essential aminoacids profile [mg per 100 gr. food]



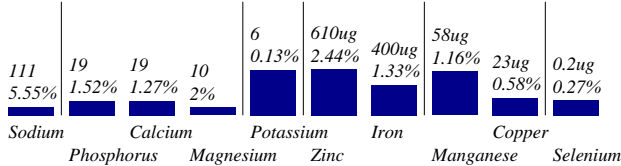
PROTE.
0.9
0.7
30

Main lipids profile [gr of lipid per 100 gr. food]



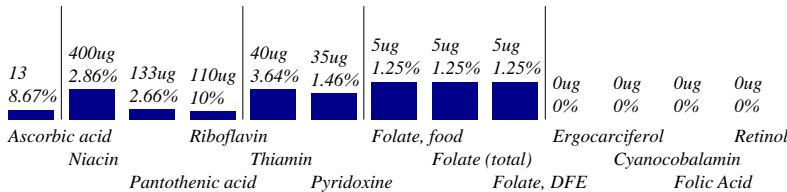
EFA
0

Mineral and oligoelements profile [mg of mineral per 100 gr. food]



MINER.
1.6

Vitamin profile [mg of vitamin per 100 gr. food]



VITAM.
2.5