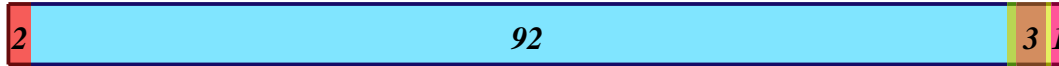




Coriander (cilantro) leaves, raw

TOTAL  
12  
3.9

Macronutrient profile [gr. of nutrient per 100 gr. food]



Proteins  
Water  
Sugars  
Fibre  
Alcohol  
Lipids  
Other

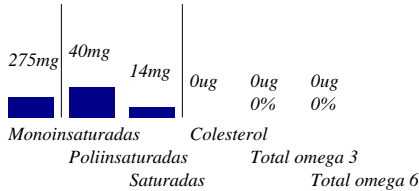
FIBER  
11.2  
7.4

Energy [kcal per 100 gr. food]

23

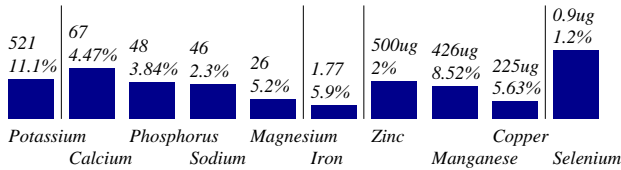
kCALs  
1  
0.9  
59.8

Main lipids profile [gr of lipid per 100 gr. food]



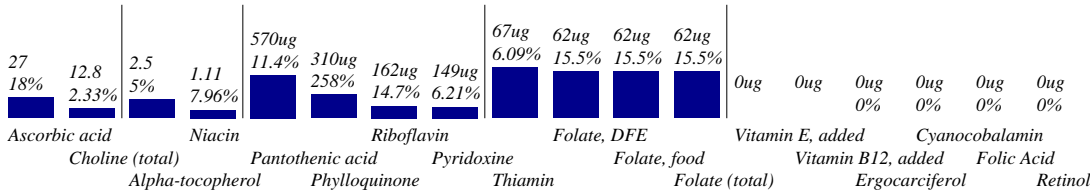
EFA  
0

Mineral and oligoelements profile [mg of mineral per 100 gr. food]



MINER.  
5

Vitamin profile [mg of vitamin per 100 gr. food]



VITAM.  
13.6

Phytochemicals profile [mg of nutrient per 100 gr. food]

