



Jujube, dried

TOTAL
8
4.5

Macronutrient profile [gr. of nutrient per 100 gr. food]



- Proteins
- Water
- Sugars
- Fibre
- Alcohol
- Lipids
- Other

FIBER
0
0

Energy [kcal per 100 gr. food]



kCALs
12.5
11
25

Main lipids profile [gr of lipid per 100 gr. food]

0ug 0ug 0ug
0% 0% 0%

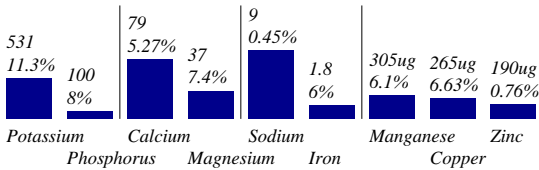
Colesterol

Total omega 3

Total omega 6

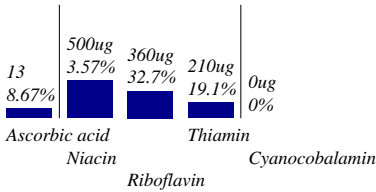
EFA
0

Mineral and oligoelements profile [mg of mineral per 100 gr. food]



MINER.
5.8

Vitamin profile [mg of vitamin per 100 gr. food]



VITAM.
12.8