



Spices, pumpkin pie spice

TOTAL
21.6
13.4

Macronutrient profile [gr. of nutrient per 100 gr. food]



Proteins
Water
Sugars
Fibre
Alcohol
Lipids
Other

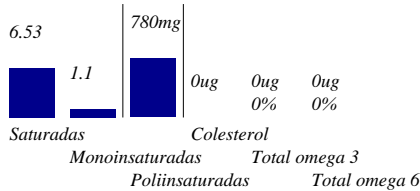
FIBER
59.2
38.9

Energy [kcal per 100 gr. food]



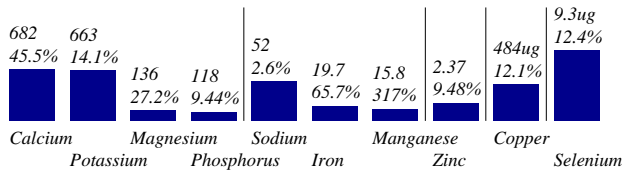
kCALs
14.9
13.2
40.8

Main lipids profile [gr of lipid per 100 gr. food]



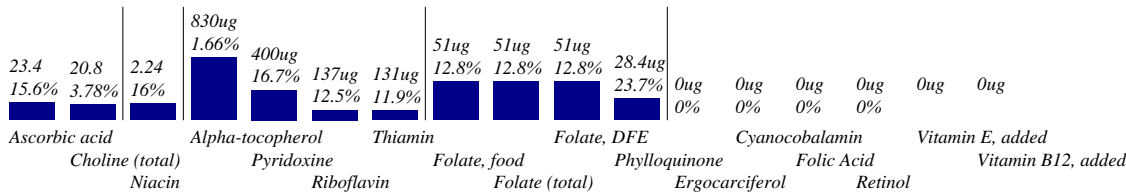
EFA
0

Mineral and oligoelements profile [mg of mineral per 100 gr. food]



MINER.
29.8

Vitamin profile [mg of vitamin per 100 gr. food]



VITAM.
9.3

Phytochemicals profile [mg of nutrient per 100 gr. food]

