



Cereals ready-to-eat, KELLOGG, KELLOGG'S Complete Oat Bran Flakes

TOTAL
39.7
24.2

Macronutrient profile [gr. of nutrient per 100 gr. food]



Proteins
Water
Sugars
Fibre
Alcohol
Lipids
Other

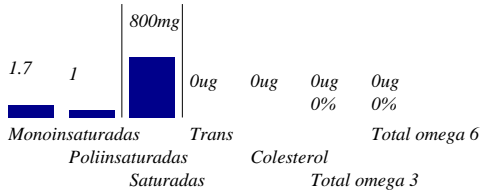
FIBER
52
34.2

Energy [kcal per 100 gr. food]



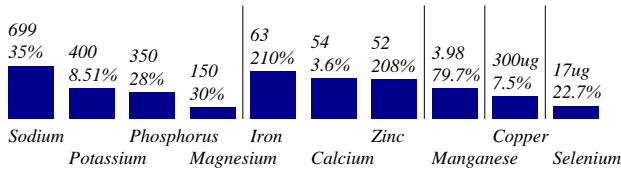
kCALs
15.2
13.5
100

Main lipids profile [gr of lipid per 100 gr. food]



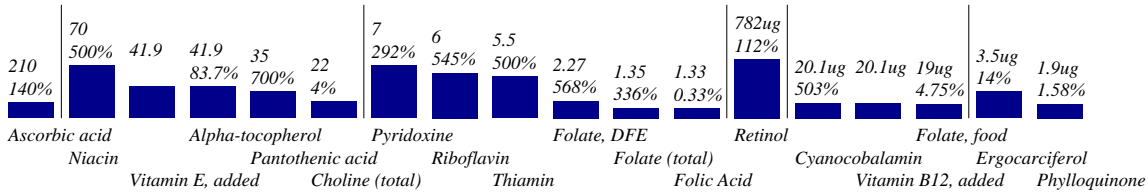
EFA
0

Mineral and oligoelements profile [mg of mineral per 100 gr. food]



MINER.
41.5

Vitamin profile [mg of vitamin per 100 gr. food]



VITAM.
69.3

Phytochemicals profile [mg of nutrient per 100 gr. food]

