



Cereals, QUAKER, Scotch Barley, regular and quick, dry

TOTAL
15.7
9.6

Macronutrient profile [gr. of nutrient per 100 gr. food]



Proteins
Water
Sugars
Fibre
Alcohol
Lipids
Other

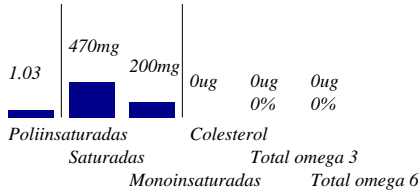
FIBER
41.6
27.4

Energy [kcal per 100 gr. food]



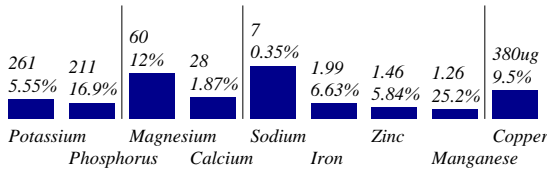
kCALs
15
13.3
28.7

Main lipids profile [gr of lipid per 100 gr. food]



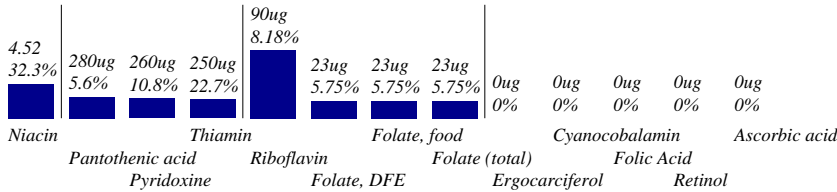
EFA
0

Mineral and oligoelements profile [mg of mineral per 100 gr. food]



MINER.
9.3

Vitamin profile [mg of vitamin per 100 gr. food]



VITAM.
7.5