



Cereals ready-to-eat, **QUAKER, KRETSCHMER Honey Crunch Wheat Germ**

TOTAL
37.1
22.9

Macronutrient profile [gr. of nutrient per 100 gr. food]



■ Proteins
■ Water
■ Sugars
■ Fibre
■ Alcohol
■ Lipids
■ Other

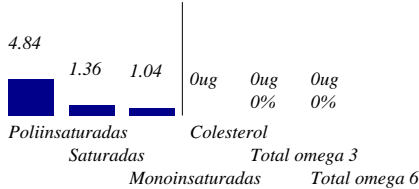
FIBER
40.8
26.8

Energy [kcal per 100 gr. food]



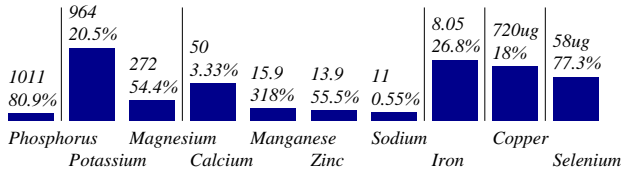
kCALs
16.2
14.3
87.5

Main lipids profile [gr of lipid per 100 gr. food]



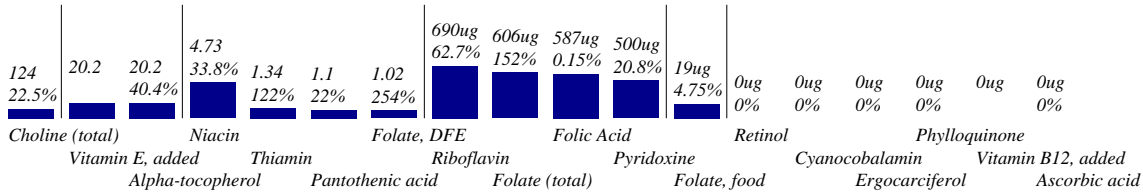
EFA
0

Mineral and oligoelements profile [mg of mineral per 100 gr. food]



MINER.
43.7

Vitamin profile [mg of vitamin per 100 gr. food]



VITAM.
31.7

Phytochemicals profile [mg of nutrient per 100 gr. food]

