



Cheese, mexican, queso asadero

TOTAL
13.6
9.6

Macronutrient profile [gr. of nutrient per 100 gr. food]



Proteins
Water
Sugars
Fibre
Alcohol
Lipids
Other

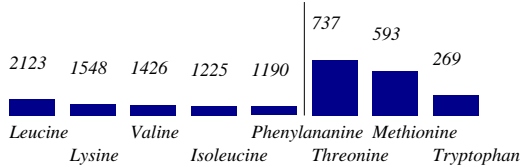
FIBER
0
0

Energy [kcal per 100 gr. food]



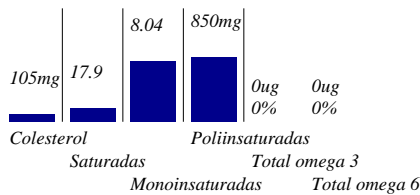
kCALs
15.5
13.7
21.8

Essential aminoacids profile [mg per 100 gr. food]



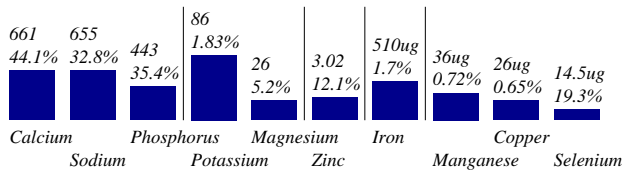
PROTE.
49.1
40.4
100

Main lipids profile [gr of lipid per 100 gr. food]



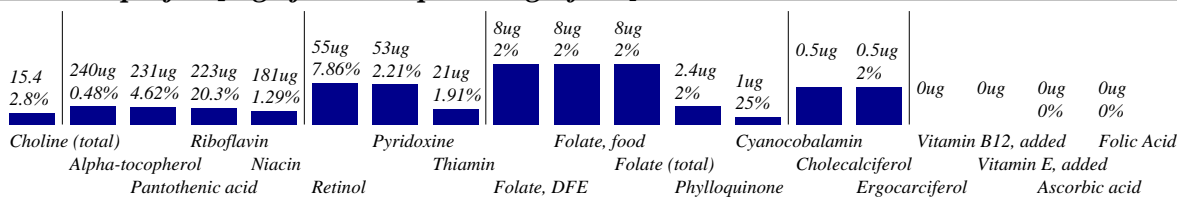
EFA
0

Mineral and oligoelements profile [mg of mineral per 100 gr. food]



MINER.
15.4

Vitamin profile [mg of vitamin per 100 gr. food]



VITAM.
4.8

Phytochemicals profile [mg of nutrient per 100 gr. food]

