



Egg, yolk, raw, frozen, salted

<b>TOTAL</b>
<b>13.7</b>
<b>11.4</b>

Macronutrient profile [gr. of nutrient per 100 gr. food]



Proteins
Water
Sugars
Fibre
Alcohol
Lipids
Other

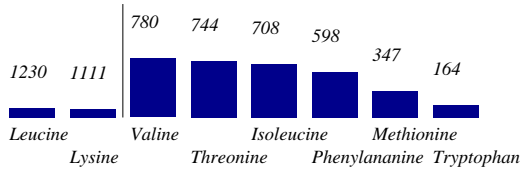
<b>FIBER</b>
<b>0</b>
<b>0</b>

Energy [kcal per 100 gr. food]



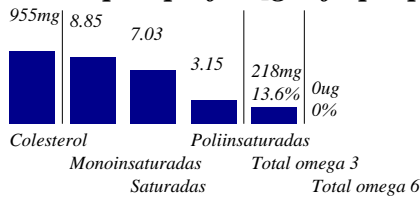
<b>kCALs</b>
<b>11.9</b>
<b>10.5</b>
<b>11.3</b>

Essential aminoacids profile [mg per 100 gr. food]



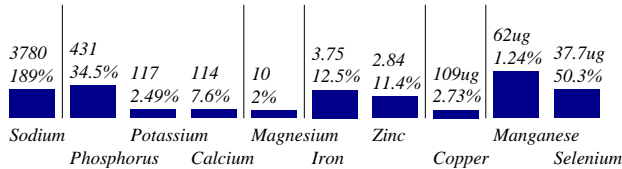
<b>PROTE.</b>
<b>30.4</b>
<b>25</b>
<b>100</b>

Main lipids profile [gr of lipid per 100 gr. food]



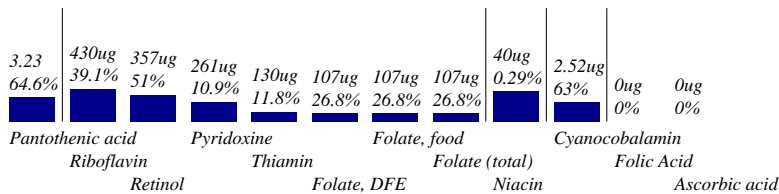
<b>EFA</b>
<b>6.8</b>

Mineral and oligoelements profile [mg of mineral per 100 gr. food]



<b>MINER.</b>
<b>22.5</b>

Vitamin profile [mg of vitamin per 100 gr. food]



<b>VITAM.</b>
<b>26.7</b>