



Cheese, parmesan, shredded

TOTAL
20.6
15.2

Macronutrient profile [gr. of nutrient per 100 gr. food]



Alcohol	0
Lipids	0
Other	0

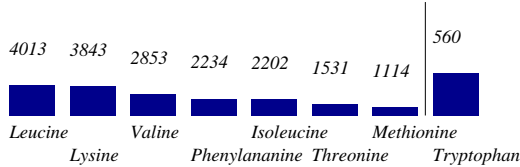
FIBER
0
0

Energy [kcal per 100 gr. food]



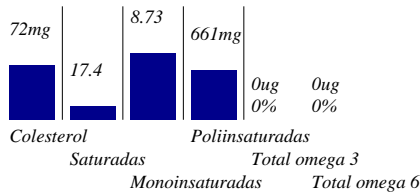
kCALs
18
16
26.8

Essential aminoacids profile [mg per 100 gr. food]



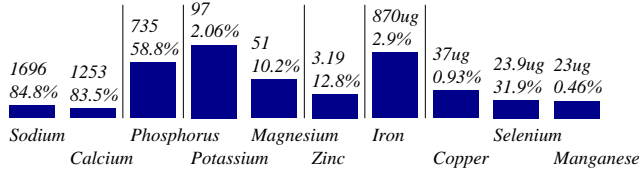
PROTE.
82.3
67.6
100

Main lipids profile [gr of lipid per 100 gr. food]



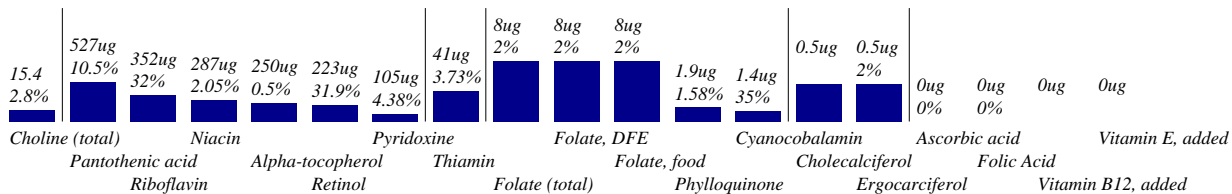
EFA
0

Mineral and oligoelements profile [mg of mineral per 100 gr. food]



MINER.
28.8

Vitamin profile [mg of vitamin per 100 gr. food]



VITAM.
8.3

Phytochemicals profile [mg of nutrient per 100 gr. food]

